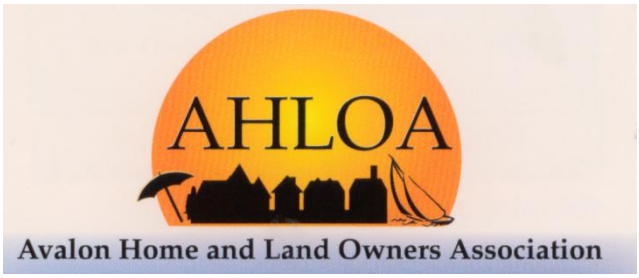

SEPTEMBER 2016

CHRISTA FITZSIMMONS

CAPE MAY COUNTY DEPARTMENT OF AGING AND DISABILITY.

Members of this group are State trained. It is funded by the Older Americans Act of 1965. The group was started with a grant to Cape May County in 1967. It is run in four senior centers, viz., Wildwood, Lower Township, Upper Township and Ocean City. Lunches are served daily and there is a big schedule of events.

The office in Rio Grande supplies:

Information and Assistance;

Socialization and Recreation; Congregation and Nutrition;

Coordinates mobile meals - two meals daily, 6 days a week. The drivers have the same route daily and act to check on people.

Subcontracted services include; Respite; Housekeeping; Residential Maintenance Adult Day Care;

Legal Services; Medication Management; Transportation (using the Cape May County Fare Free Transport); Mental Health Counseling. They do long term care coordination through various programs.

The operation is funded by Federal, State and by the County. About $2 million in funds are received annually.

There is a retired senior volunteer program. Over 200 volunteers do various things such as Meals on Wheels delivery and working with the frail elderly.